

Free Family Caregiver Webinar

A Conversation with Tana M. Luger Motyka, PhD, MPH

*Technology for Adaptive Aging
Enhances Lives – and Saves Lives*

July 19, 2023



Embracing technology can sometimes seem as difficult as embracing our age. But technology can improve the quality of your life. Did you know there are devices to do just that?

- A stylish smart watch that detects falls, monitors health, and locates the wearer using GPS
- A device attached to the stove that sends an alert if it has been left unattended for an extended period – even to a remote caregiver
- A robotic pet that could purr, bark, roll over, and provide cuddly comfort

These and other adaptive aging devices enhance lives – and save lives. Join us for this educational webinar presented by Tana M. Luger Motyka, PhD, MPH, of Covenant Health Network. She will share her expertise in how you can apply technology to optimize your health and showcase various technologies in the market that can help caregivers and their loved ones.

There will be a special focus on technologies that can support people living with memory loss.

Date: Wednesday, July 19, 2023
Time: 10 – 11:30 a.m. MST/1 – 2:30 p.m. EDT
Location: Virtual, using Zoom
Cost: Free of charge
Register: duetaz.org/educational-events-for-caregivers/

For more information: Deanne Poulos poulos@duetaz.org



**Tana M. Luger Motyka,
PhD, MPH**

Dr. Luger Motyka is Vice President of Research and Analytics for Covenant Health Network, a non-profit group of senior living providers.

A health psychologist by training, her research expertise lies in the application of patient-facing technologies to optimize healthcare quality, patient quality of life, and engagement in healthcare.

At Covenant Health Network, she monitors quality of care data, provides training and coaching on quality improvement, and assists with grant applications for provider members.



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